

Series – Free from Issues

Class #7 – Maintaining Your Freedom (Final Lesson)

1. Keys to Maintaining Your Victory:

- 1) Spiritual maturity is an ongoing process. It will take the rest of your life to conform to the image of God. So, don't get discouraged. Enjoy the journey!
- 2) The Free from Issues Series was designed to empty the soul (mind, will and emotions) of garbage and lies. There must be work done after these Bible studies.
- 3) The work must come from you with the help of the Holy Spirit. You must fill those empty places with God's truth by renewing your mind through His written Word (*Romans 12:2; 2 Corinthians 4:16; Colossians 3:10*), taking an active stand against the schemes of the Enemy (*James 4:7; Ephesians 6*) and praying God's Word (for yourself and family).
- 4) Remember we've been empowered by grace to overcome (*1 Corinthians 15:10; 2 Corinthians 9:8-11; 2 Corinthians 12:9-10; Ephesians 1:4-11*). Stay under the flow of grace.
- 5) When you become aware of lies, renounce them and anything contrary to God's Word and His Will out loud. Reject the lie and choose to receive Truth.
- 6) Remember, God has complete knowledge of your mind, because He is omniscient – all-knowing. Therefore, we can submit to God inwardly, but we need to *resist the devil* by:
 - Praying aloud.
 - Reading Scripture aloud.
 - Verbally renouncing, forgiving, confessing, etc., aloud.
- 7) Satan is under no obligation to obey your thoughts, so use the materials provided (the Word) and speak out. When new memories surface or you become aware of lies you've believed, renounce them and any non-Christian experiences aloud and choose truth.

2. Practical Steps

- 1) Continue to seek your identity and sense of worth in Christ. Renew and saturate your mind with the truth of God's Word that your acceptance, security and significance are in Christ.
- 2) Read and memorize Scriptures. Declare the Word over yourself. Be bold!
- 3) Assume responsibility for your thought life. Reject the lie, choose the truth, and stand firm in your position in Christ!
- 4) Don't expect another person to fight your battle for you. Others can help, but they cannot think, pray, read the Bible or choose truth for you. A trusted friend can stand with you, but you are ultimately responsible for maintaining victory!
- 5) Celebrate your victory with praise and worship CDs or new songs from your heart. Worship with thanksgiving in your heart for what the Lord has done for you.

Antioch Christian Church Wednesday Night Bible Study

- 6) **Recount your blessings. Journal your healing experience as a reminder of what the Lord did for you.**
 - 7) **Seek legitimate Christian fellowship, get connected in our Connect and Equip classes; get connected in a ministry. We need each other!**
 - 8) **Keep seeking the Lord and your freedom – regularly attend Worship service, Bible Study and develop a time of study at home everyday. The more you eat the Word the more you grow!**
3. **Finally, commit yourself to daily prayer. In His presence, you are changed! Remember freedom is not the absence of something but the presence of someone.**

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The Word in Action – Representational Repentance

Representational Repentance is a ministry exercise developed to help you move forward in the forgiveness process. Our Pastors will stand before you representing males, females and spiritual authority in your life that you may need to forgive and release. As the Holy Spirit leads, they will repent and apologize for sins committed against you and wrongs suffered. The power of God working through an apology cannot be underestimated.

During this exercise, if the thought comes to your mind, “Oh I wish he/she would’ve said...” or “I needed to hear...” don’t dismiss it. The Holy Spirit is directing you to an area where you may need to forgive and release someone. You are hearing God regarding your healing! Write the thought on the down and listen. God has something to say directly to you. **REMEMBER TAKE IT TO THE CROSS DO NOT BUILD A WALL.**

As we submit our will to the Holy Spirit, He empowers us to choose freedom through forgiveness.
