

## How to Maintain My Peace

Wednesday, May 20, 2020 • 7:00pm

Foundational Scripture: *John 14:27, "Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid."*

Peace – Greek Eirene: to set at oneness; calmness of mind; restful; quiet; public and private tranquility

**Question: What can cause me to lose my peace? NOTHING!**

- a. I must choose to hold on to the peace Jesus gave me. John 14:27 CEV: "I give you peace, the kind of peace only I can give. It isn't like the peace this world can give. So don't be worried or afraid."
- b. I must receive my peace from the Lord of peace. 2 Thessalonians 3:16 Amplified: "Now may the Lord of peace Himself grant you His peace at all times and in every way [that peace and spiritual well-being that comes to those who walk with Him, regardless of life's circumstances]. The Lord be with you all."
- c. I must stick with peace. Peace does not leave you; you leave peace. John 16:33 NIV: "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

**How do we maintain our peace?**

1. Stay in Jesus – John 15:1-4
2. By Knowledge – Knowledge is understanding gained by experience and kept in mind. Isaiah 26:3-4
3. By gaining control of emotions. Exodus 14:9-20